

# Summer Fit CAMP



[www.summerfitcamp.org](http://www.summerfitcamp.org)  
"PARENTS' GUIDE"

The goal of Summer Fit CAMP is to provide a safe, fun, and activity-filled summer for all campers. Summer Fit CAMP promotes Christian values and requires that all children attending CAMP be respectful of fellow campers and CAMP staff. Campers will participate in various activities for fitness, health education and obesity prevention. Campers will also travel to various amusement sites for fun. Each day will begin with CAMP rally and cheers. We will then begin an activity filled day.

## AGES

Summer Fit CAMP accepts girls and boys from ages 5 through 15 years old.

## SCHEDULE

Summer Fit CAMP will run for 8 weeks. Monday, June 19, 2017 through Friday, August 11, 2017. Regular CAMP hours are from 8:00 am to 6:00 pm. Early drop-off, at 7:00 am, is available for an additional fee. All campers must arrive by 9:45 am

## APPLICATION SUBMISSION POLICY

No application will be accepted without a recent MEDICAL HISTORY FORM signed and dated by a physician, a PARENTAL AUTHORIZATION FORM, completed APPLICATION, and CAMP FEES.

## REGISTRATION DEADLINE

Applications are accepted throughout the Summer Fit CAMP season, as space permits.

## FEES

The fee for Summer Fit CAMP is \$149.00 per week and includes breakfast, lunch, and field trips. A \$10 discount is available for families registering three or more siblings. The fee for the third child, and each additional child, is \$139. In other words, the \$149 fee will be charged for the first two children and the \$10 discount will apply to each sibling afterward. This discount is not applicable to extended family such as cousins, friends, etc. The registration fee is \$40.

***Summer Fit CAMP fees are non-refundable; however, if it becomes necessary for you to change sessions for your camper, every effort will be made to accommodate your needs.***

## PAYMENT POLICIES

CAMP fees must be submitted two weeks in advance. The fee for the first and last week of camp must be submitted with the completed application form. If you plan to pay the camp fees on a weekly basis, your first regular camp fee will be due at time of registration, and subsequent payments will be due every Monday thereafter. Summer Fit CAMP accepts credit cards, debit cards, money orders, or cash. Money orders must be made payable to: Christian Athletic Mentoring Program. **SUMMER FIT CAMP DOES NOT ACCEPT PERSONAL CHECKS.**

*There is a 1 day grace period for late payments, after which a \$10 late fee is assessed. If payment is more than 2 days late, your child(ren) will not be permitted to attend Summer Fit Camp until payment is made.*

When making payments online, please print proof of the payment to submit to the office by Monday morning.

## MEDICAL EXAMINATION FORM

Summer Fit CAMP requires that the MEDICAL EXAMINATION FORM is completed and signed by your child's physician before he/she begins CAMP. Your child's application will **not** be accepted without this form, even if you have included the CAMP fees.

## MEALS & SNACKS

Summer Fit CAMP provides breakfast and lunch from the City of Philadelphia lunch program. We are not able to select or suggest the menu. Each child is offered a meal at breakfast and lunch during the allotted time. Campers are not required to eat our meals and are permitted to bring their own meals. The menu is posted on the information board for your convenience.

Because Summer Fit CAMP is a long and active day, we offer time for a snack. Summer Fit CAMP does not provide that snack. You are encouraged to pack a snack that is suitable for your child's appetite.

## SIGN-IN SHEETS

Your child's safety and security is one of our primary responsibilities. You will be asked to sign your child in as well as sign them out each day. We will need to know if you will pick-up your camper yourself, designate someone else to do this, or permit your camper to leave campus unescorted. Your child will not be released unescorted or with an unauthorized person if we do not have the proper information.

Sign-in sheets are to record your camper's daily attendance. It also verifies who picked up your camper at the end of the day. Please make sure your camper's name is in the TOP RIGHT CORNER of the page before signing in or out. Only the people listed on the back of the sheet are permitted to sign out your camper. Photo ID is required of everyone at pick-up.

## ATTENDANCE & PUNCTUALITY

It will be very important for your child to be on time. Some of our activities will begin almost immediately at the start of the camp day and we cannot wait for campers. We will expect you to

pick up your camper on time. In the event of unforeseen circumstances causing late arrival, please call the CAMP office so that we will be aware of the situation. **Late pick-up fee is \$5 for each minute late.**

### T-SHIRTS

All campers are provided with one CAMP T-shirt. There is a \$15 fee for additional t-shirts.

Summer Fit CAMP t-shirts are usually distributed the same day of our first off-campus event. If your camper has not received his or her shirt, for any reason, please notify someone in the front office.

CAMP T-shirts must be worn for all trips off campus.

### TRIPS

Trip fees are included with the camp fees. Please keep in mind that all trips are subject to cancellation or rescheduling due to low attendance, weather, or scheduling conflicts. All campers must have a signed Field Trip Permission Form.

### READING

At Summer Fit CAMP, we realize that while summer is a great break from school, it should not be a break from education. Children can lose up to two months in reading achievement over the summer. With that in mind, Summer Fit CAMP offers reading time every day.

Please make sure your camper brings a book to CAMP every day.

5 & 6-year-old campers will have story time. You are encouraged to pack a book for child's counselor to read to his or her class.

### CAMP ATTIRE

Campers must wear sneakers only to Summer Fit CAMP. **Sandals and flip-flops present a safety issue as children engage in physical activities.** Additionally, it is advisable for campers to wear breathable garments and proper support for activities (i.e., athletic support, jog-bras.) Since the campers spend a great deal of time outdoors, campers should wear sunscreen, and bring a refillable water bottle. Campers should not wear excessive jewelry. Summer Fit CAMP instructors and counselors cannot be responsible for valuables that need to be removed to participate in activities.

### INCLIMATE WEATHER

Summer Fit CAMP reserves the right to alter its schedule due to incimate weather, up to and including cancellation of events and trips.

### WHAT CAMPERS SHOULD NOT BRING TO CAMP

Campers should not bring items of value to Summer Fit CAMP. Summer Fit CAMP discourages the use of electronic devices during scheduled activities. CAMP counselors cannot hold

valuables so that campers may participate in activities. Campers that bring valuables and electronics to CAMP, do so at their own risk.

Summer Fit CAMP instructors and counselors are not responsible damaged, lost or stolen items.

Ordinarily, campers should bring only a modest amount of money to Summer Fit Camp. If the CAMP plans to visit a location where campers are permitted to spend their own money, please use discretion when choosing the amount of money for which your child can be responsible.

When sending in payments with your camper, please place the money in an envelope labeled with your camper's name and age as well as the amount enclosed on the front of the envelope.

### **USE OF RESTROOMS**

The restrooms are for the use of our campers, only. If you need to use the restroom, please inform someone from the front office so that we can make sure that the restroom is clear of any children.

### **GOOD CITIZENSHIP AMONG CAMPERS**

Summer Fit CAMP firmly believes that the Summer Fit experience should be educational and fun for all campers. Disruptive behavior, such as fighting, taunting, intimidating, name-calling, foul or abusive language etc., will not be tolerated. Parents will be contacted should it become necessary to resolve issues of unacceptable behavior. We reserve the right to dismiss any child for continuous disruptive and or disrespectful behavior.

Please instruct your child to speak to an adult CAMP staff member if he/she feels troubled by the behavior of another camper. We respect your child's need to feel safe and secure at Summer Fit CAMP. CAMP staff will immediately take the necessary steps to resolve any problems.

### **LOST & FOUND**

Please label all your children's belongings, especially CAMP t-shirts. Items left at CAMP will be placed in the lost & found until the end of Summer Fit CAMP. Please send as few items as possible for trips. Summer Fit CAMP is not responsible for items that are lost, stolen, or left behind at trips.

### **STAFF QUALIFICATIONS & CERTIFICATIONS**

All Summer Fit CAMP staff is at least 18 years of age, CPR certified and have child abuse and state police clearances.

### **IMPORTANT CONTACT NUMBERS:**

Summer Fit CAMP Office – 215-701-9534  
JAMES TYLER JR. – CAMP DIRECTOR – 215-678-9170  
summerfitcamp@hotmail.com